

3rd & 4th Year
Impact Report
2024-2025



YEAR 3 & 4

January 2024 – December 2025

"I'll hold your hand, so you won't fall."
- Rasheda Ali, 2005

EXECUTIVE SUMMARY



The years 2024 and 2025 marked a significant period of growth and impact for the Adewunmi Desalu Parkinson's Foundation (ADPF). During this time, the Foundation strengthened its support for people living with Parkinson's Disease in Nigeria while expanding awareness, partnerships, and evidence-based interventions.

In 2024, ADPF achieved two notable milestones. The launch of the Overcoming Micrographia workbooks improved handwriting, independence, and confidence among people living with Parkinson's. The premiere of the documentary "Beyond the Tremors: Living with Parkinson's Disease" amplified real-life experiences and increased public understanding of the condition.

ADPF's Centre-based rehabilitation programs continued to deliver measurable outcomes. Physiotherapy interventions showed that nearly 90% of participants experienced slowed disease progression, based on the Unified Parkinson's Disease Rating Scale (UPDRS). Programs such as Rock Steady Boxing and Dance Therapy also recorded strong participation, supporting balance, mobility, and overall wellbeing.

Building on this progress, ADPF focused on expanding and strengthening internal systems in 2025. Community engagement grew through the annual #Move4PD awareness walk, the Walking Football for Parkinson's tournament, and public education initiatives that brought advocacy closer to communities. The monthly support groups also expanded, welcoming more caregivers and newly diagnosed individuals while providing vital psychosocial support and expert guidance.

ADPF further strengthened advocacy through digital campaigns, webinars, partnerships, and stakeholder engagement, helping to reduce stigma and improve awareness of Parkinson's symptoms among the public and healthcare providers.

Across both years, ADPF's welfare and medication support program remained a lifeline for vulnerable individuals, helping beneficiaries access medication, transportation, and rehabilitation services while improving treatment adherence and quality of life.

These achievements were made possible through the dedication and support of the Patrons, Trustees, Governing Board, Advisory Board, partners, volunteers, and the Parkinson's community. We are deeply grateful to everyone who has stood with ADPF—especially for the support received throughout 2024 and 2025.

As we look ahead, ADPF remains committed to building an inclusive and sustainable Parkinson's care ecosystem in Nigeria. Until a cure is found, we will continue to advocate, innovate, and support those living with Parkinson's.

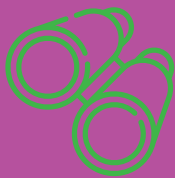
Thank you for your continued partnership.



John Akinola
Head, Programs
Adewunmi Desalu
Parkinson's Foundation

OUR VISION

To support people impacted by Parkinson's Disease all over Nigeria and eventually West Africa.



OUR MISSION

To support and advocate for people impacted by Parkinson's disease by providing access to rehabilitative care, building a strong community and contributing towards finding a cure.



OUR GOAL

To provide support and advocate for people impacted by Parkinson's disease, create a strong community and contribute towards finding a cure. Through the paths of Education, Care & Support.

Education: To raise awareness and disseminate evidence-based information about Parkinson's Disease. Our educational initiatives aim to empower individuals with accurate knowledge about Parkinson's Disease, reduce stigma, promote early diagnosis and holistic care.



Care: To offer a seamless pathway to diagnosis, consultation, medication, rehabilitation, and social support. Our holistic approach ensures that People living with Parkinson's disease and their families can access the continuum of care to effectively manage challenges associated with Parkinson's Disease.



Support: To provide psychosocial support to persons affected by Parkinson's Disease, recognizing the importance of emotional well-being in the overall health of people living with Parkinson's Disease and their caregivers. Our support groups, psychosocial counselling services and other support initiatives foster a sense of community and understanding.





2024 & 2025 AT A GLANCE

Over the past two years, the Adewunmi Desalu Parkinson's Foundation (ADPF) strengthened its role as a leading provider of holistic rehabilitative care, community support, and Parkinson's Disease awareness in Nigeria.

OVER 160 PARKINSON'S WARRIORS SUPPORTED

Through continuous, no-cost access to physiotherapy, occupational therapy, dance therapy, Rock Steady Boxing, Micrographia handwriting training, cognitive exercises, speech therapy, and structured support group sessions.

OVER 300 CAREGIVERS EMPOWERED

Via monthly education sessions, mental health support, and caregiver-centered community forums.

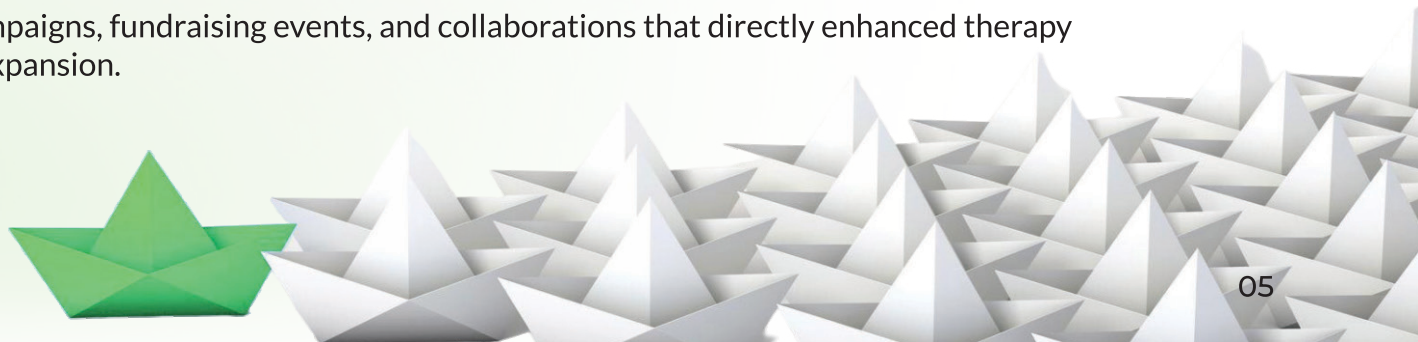
OVER 15,000 PEOPLE EDUCATED ON PARKINSON'S DISEASE

Across our extensive public engagement efforts, including:

- World Parkinson's Day & World Parkinson's Month campaigns
- Annual Parkinson's Disease Symposium
- #Move4PD Awareness Walks
- Walking Football for Parkinson's Disease Tournament
- Press campaigns, medical outreaches, and digital advocacy content which include storytelling initiatives, newsletters, social media campaigns, webinars, mini-documentaries, interviews, and health education events.

OVER 50 DONORS, PARTNERS & VOLUNTEERS MOBILIZED

Through sustained donor drives, email campaigns, fundraising events, and collaborations that directly enhanced therapy access, program delivery, and community expansion.

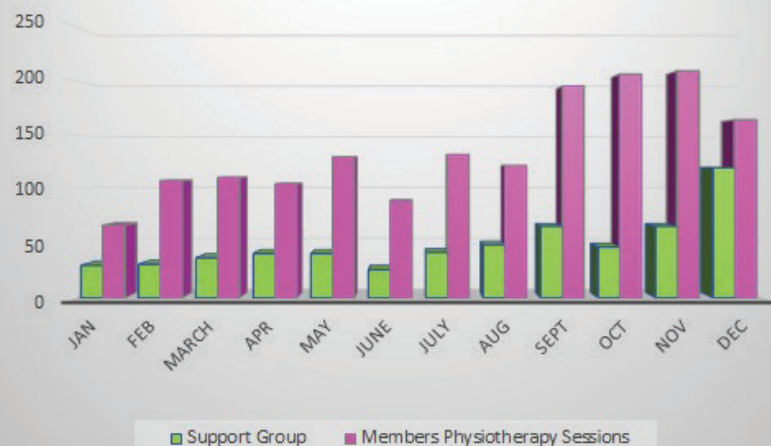




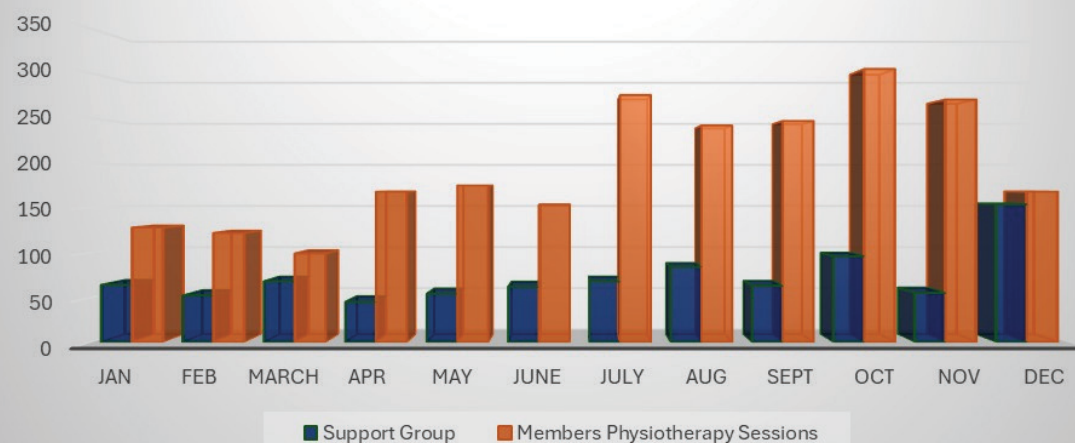
MEMBERSHIP GROWTH AND IMPROVEMENTS 1

JANUARY TO DECEMBER 2024 vs 2025

Members Attendance - 2024



Members Attendance - 2025

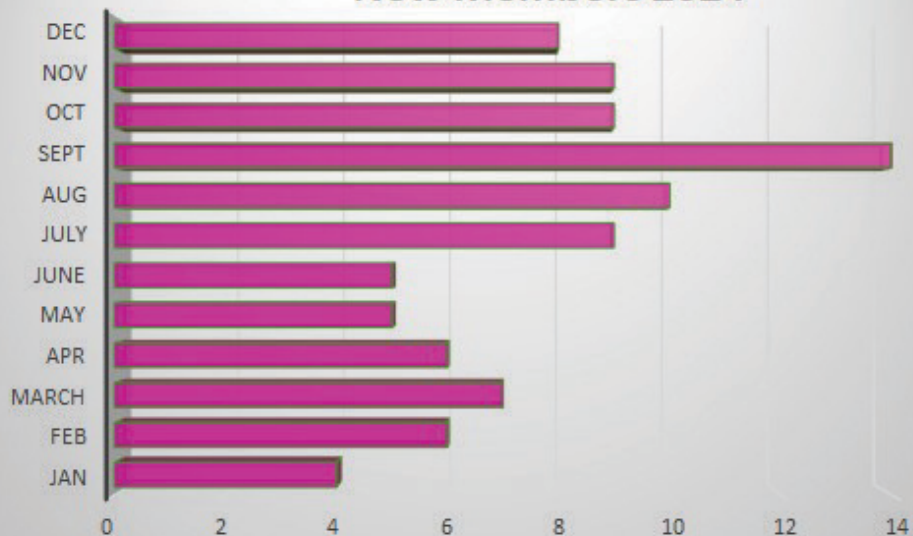




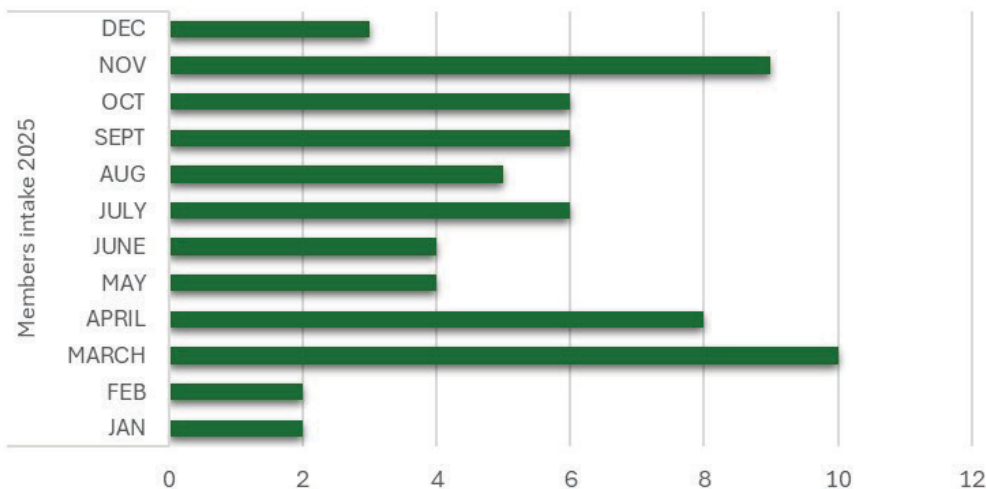
MEMBERSHIP GROWTH AND IMPROVEMENTS 2

JANUARY TO DECEMBER 2024 vs 2025

New Members 2024



New Members 2025

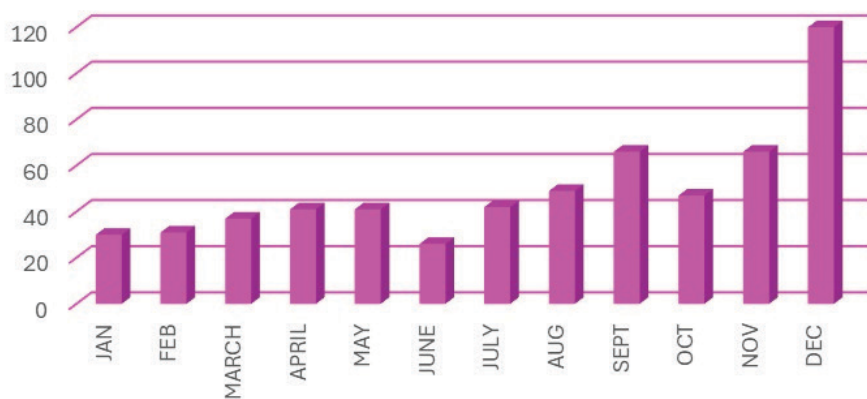




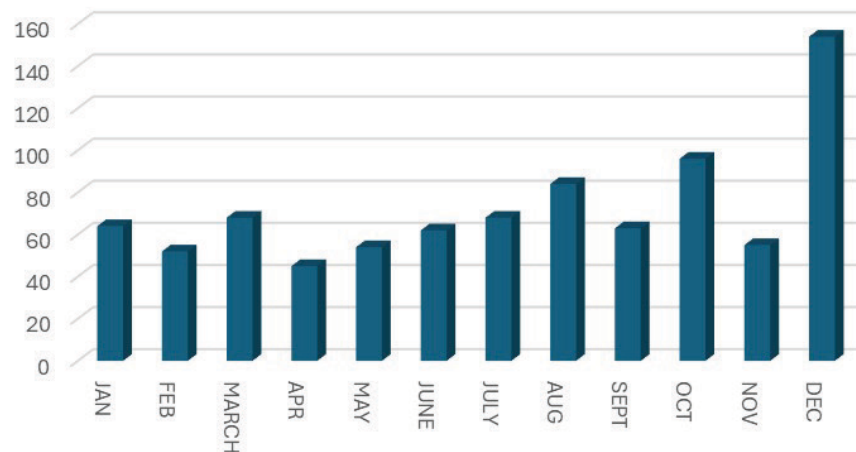
MEMBERSHIP GROWTH AND IMPROVEMENTS 3

JANUARY TO DECEMBER 2024 vs 2025

Support Group Participation 2024



Support Group Participation 2025

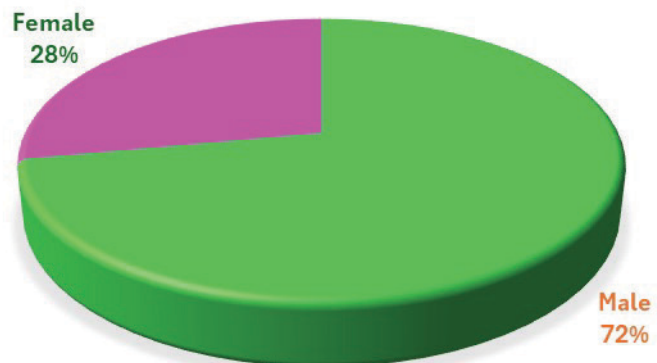




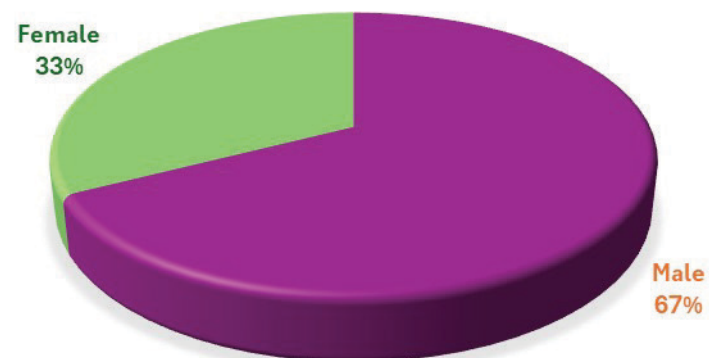
MEMBERSHIP GROWTH AND IMPROVEMENTS

JANUARY TO DECEMBER 2024-2025

97 ACTIVE MEMBERS - 2024

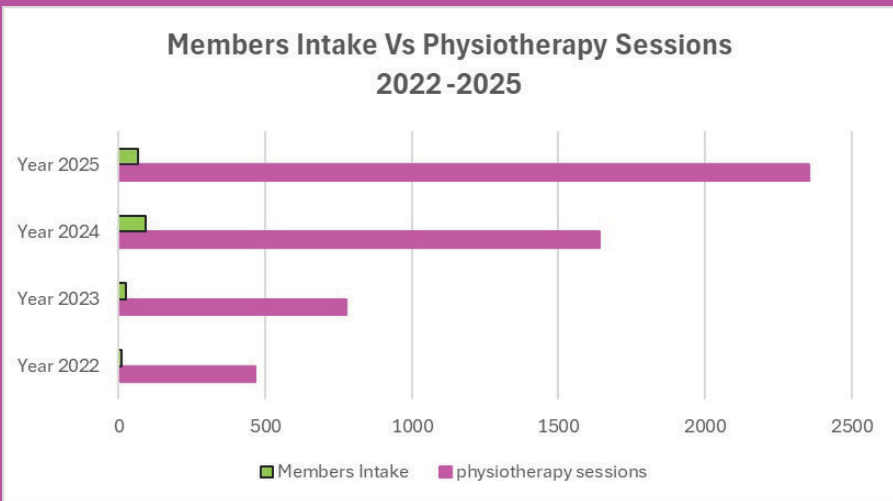
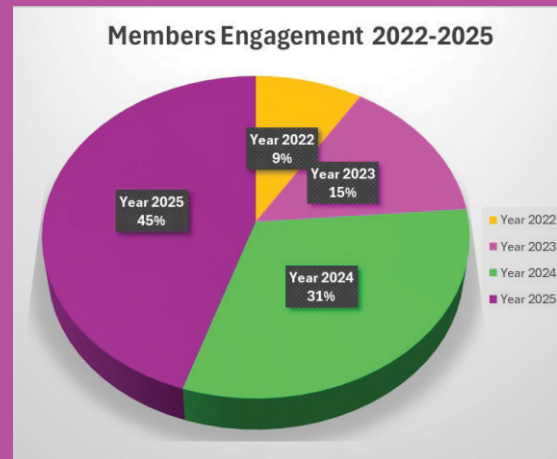
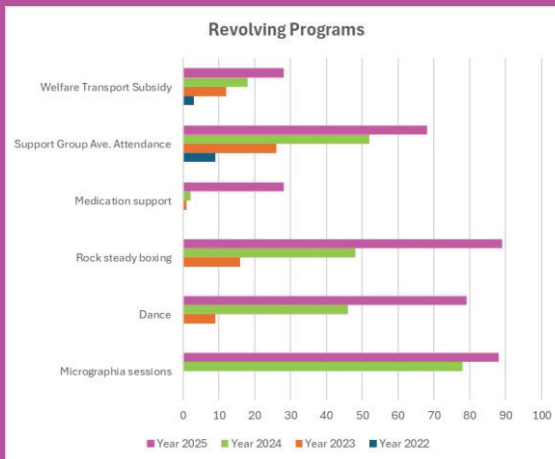
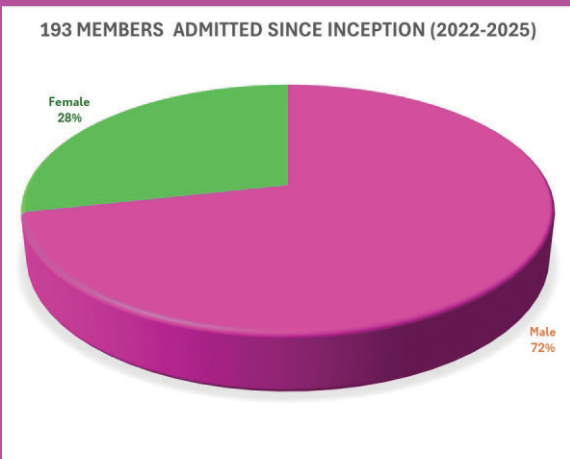


129 ACTIVE MEMBERS - 2025



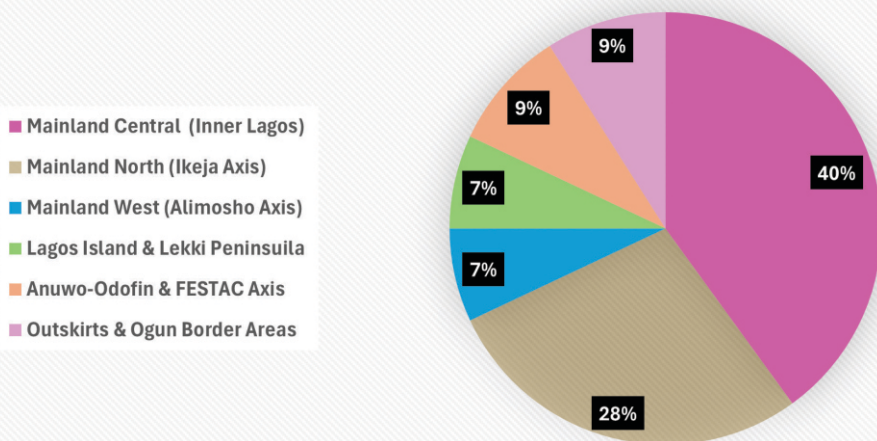


MEMBERSHIP GROWTH AND IMPROVEMENTS FROM INCEPTION TO DATE

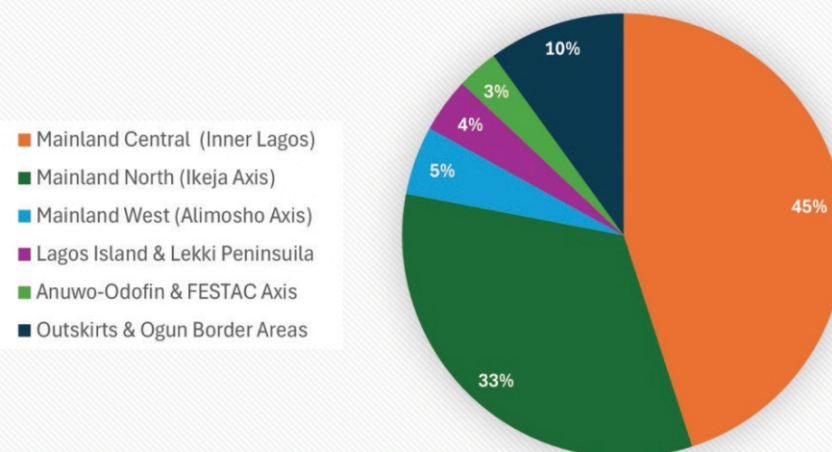


GEOGRAPHIC DISTRIBUTION OF MEMBERS IN GREATER LAGOS

Geographical Distribution of Members within the Greater Lagos Area - 2024



Geographical Distribution of Members within the Greater Lagos Area - 2025





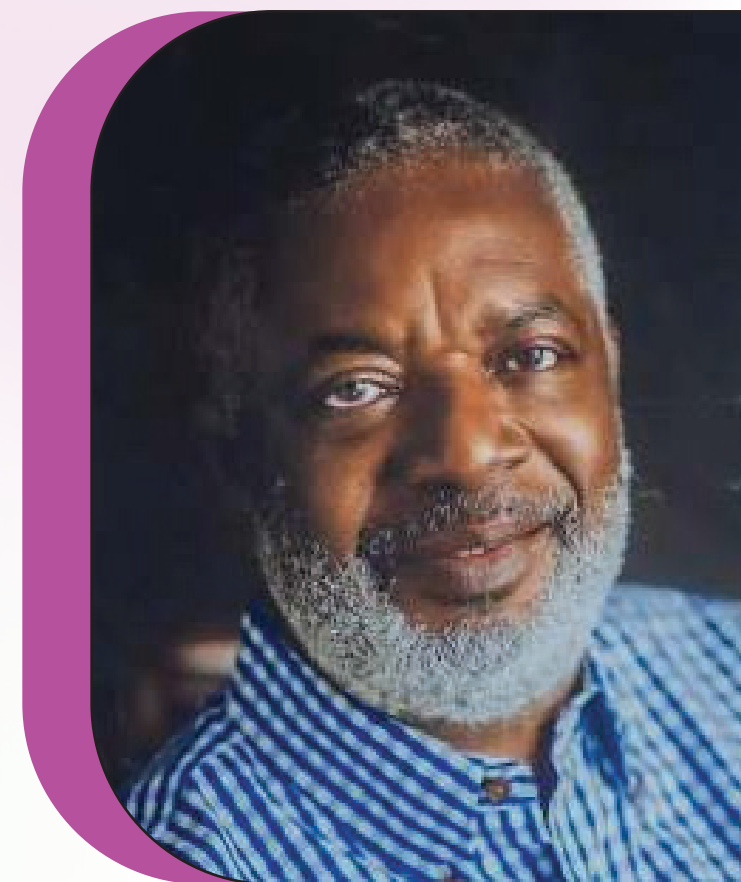
OUR STORY

Dr. Adewunmi Desalu was an exceptional Engineer and Mathematician renowned for his developments in the fields of Science, Electronics, and Space Exploration. He is known for two patents and a long career with General Electrics.

For nearly ten years, his power was compromised by Parkinson's Disease, yet he stood and fought with all his strength. He showed courage in the face of challenges that he had no control over, choosing instead to exercise full control over how he accepted his fate and became a Parkinson's Warrior.

The Adewunmi Desalu Parkinson's Foundation (ADPF) will always share his story and embody the final 10% of his life that defined his essence: the resilience, the power engineered by the discipline of yesteryears, which propelled him to fight to the final victory.

The Foundation was founded to honor his memory and seeks to encourage somebody living with Parkinson's disease, hold their hand so that they do not fall, encourage a caregiver and support a family caring for a loved one – as they journey along the same path that he and his family travelled.



Dr. Adewunmi Desalu

3 May 1943 - 29 Sept.2019

ADEWUNMI DESALU PARKINSON'S FOUNDATION

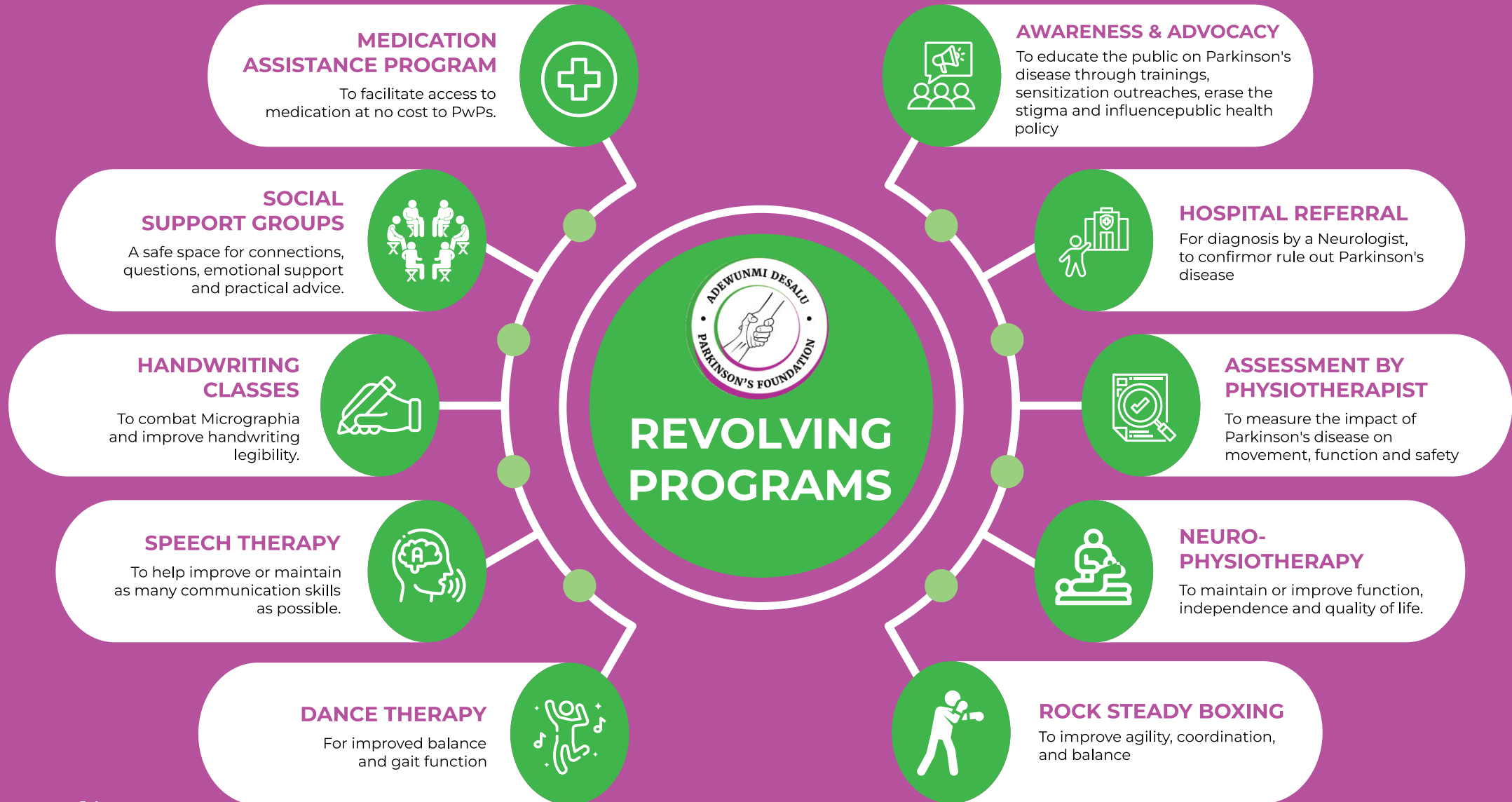
The Adewunmi Desalu Parkinson's Foundation (ADPF) is a non-governmental, not-for-profit organisation registered with the Corporate Affairs Commission (IT166351) to support people living with Parkinson's disease (PD), their care partners and their families.

PD is a degenerative condition of the brain associated with motor symptoms (slow movement, tremors, rigidity and walking imbalance) and a range of non-motor complications (cognitive impairment, mental health disorders, pain and other sensory disturbances). Motor impairments, involuntary movements and painful muscle contractions contribute to limitations in speech, mobility and many areas of life. The cause of the disease remains unknown and, unfortunately, there is no cure yet.

ADPF offers a seamless route to diagnosis, medication, rehabilitation and social support at no cost to people living with or impacted by PD in Nigeria; and provides inspiration, tools and a positive environment to enable people with PD live better every day. Until there is a cure for PD, ADPF shall continue to lead the way in providing care and resources that improve quality of life, first within Nigeria and then on the continent.



ADEWUNMI DESALU PARKINSON'S FOUNDATION

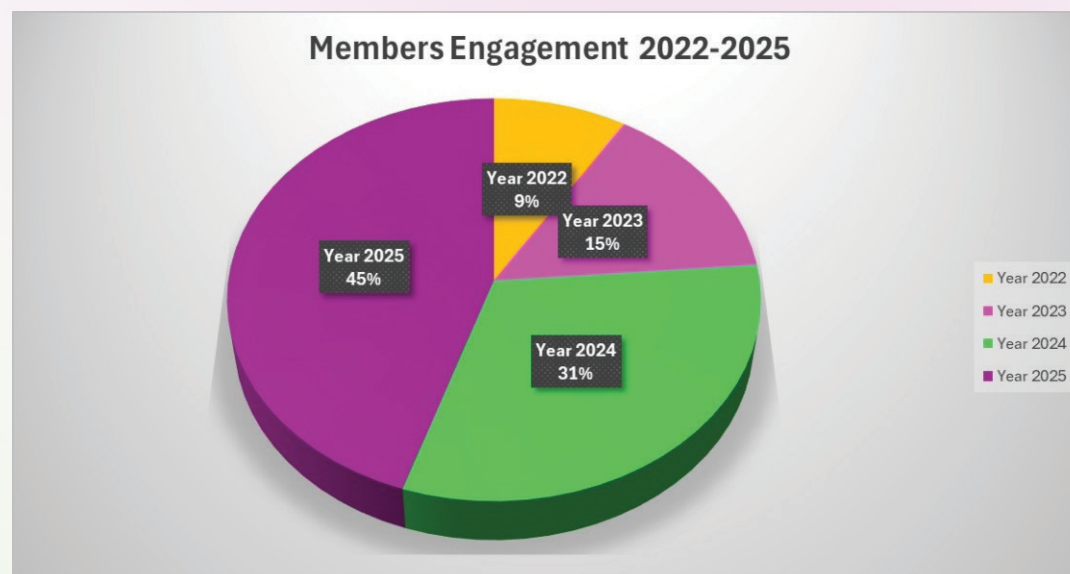




DIRECT IMPACT: REHABILITATIVE CARE PROGRAMS

Since 2022, the Adewunmi Desalu Parkinson's Foundation (ADPF) has provided people living with Parkinson's Disease in Nigeria with access to rehabilitative care to equip them to live healthier and happier lives.

In 2024 and 2025, ADPF provided rehabilitation services and community support to 92 and 133 people living with Parkinson's disease, respectively, while also supporting over 250 caregivers.





DIRECT IMPACT: REHABILITATIVE CARE PROGRAMS

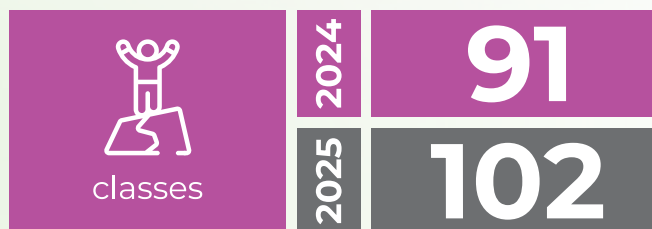
Neuro-Physiotherapy:

A consultant physiotherapist works with the members to create and implement personalized rehabilitation plans that focus on treating conditions affecting the brain, spinal cord, and nerves.



Overcoming Micrographia:

Micrographia, characterized by small and cramped handwriting is a common symptom of Parkinson's. This program helps members regain fine motor skills and build confidence in their handwriting through consistent practice with carefully designed workbooks. Notably, 68% of participants have shown significant improvement in their handwriting.



Rock-Steady Boxing:

In partnership with the Lagos State Sports Service Commission, trained boxers engage members in weekly non-contact boxing sessions aimed at improving mobility, coordination, and balance.





DIRECT IMPACT: REHABILITATIVE CARE PROGRAMS

Dance Therapy:

With the guidance of dance coaches, participants engaged in sessions that are designed to enhance balance, flexibility, and emotional well-being.



Medication Support Program

Recognizing the financial burden on those living with Parkinson's Disease, this program provides medication support to the more vulnerable members of our community and ensures they can continue to access holistic rehabilitative care.



Diagnosis Referrals:

There were referrals from ADPF to the Lagos University Teaching Hospital (LUTH) to establish a PD diagnosis by a Neurologist.

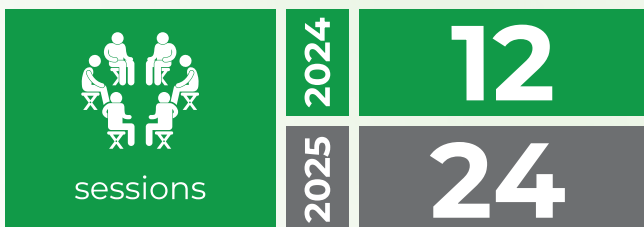




DIRECT IMPACT: EVENTS

SUPPORT GROUP SESSIONS:

Monthly meetings bring together participants, their families, and caregivers to receive evidence-based information on living with Parkinson's disease. This offers a safe and supportive space where attendees can ask questions, share concerns, and express themselves freely. With an average attendance of 55 participants, ADPF adopts a hybrid support model that enables those living far from the Centre or outside Lagos to join virtually.





TOPICS FOR 2024 SUPPORT GROUP SESSIONS

January	Living Well with Parkinson's: Navigating Life with PD
February	Living Well with Parkinson's: The Caregiver's Role
March	Living Well with Parkinson's: A Member shares their Parkinson's Story
April	Living Well with Parkinson's: A Member shares their Parkinson's Story
May	Table Tennis Tournament
June	Living Well with Parkinson's: A Member shares their Parkinson's story
July	Parkinson's Disease Medication Management and Adherence to Therapy
August	The Impact of Therapy on Parkinson's Disease Management
September	Managing Depression and Anxiety in Parkinson's Disease
October	Believing in New Possibilities
November	Parkinson's and Oral Health
December	End of the year celebration

TOPICS FOR 2025 SUPPORT GROUP SESSIONS

January	The Parkinson's Journey
February	The PD Journey: Coping and Caring
March	The Parkinson's Journey: Nurturing Emotional Well-being
April	The Long Road to Hope: Ending Parkinson's Disease (Documentary Viewing)
May	Striking Balance as a Caregiver
June	Mid-Year Support Group Meeting
July	Nutrition and Parkinson's Disease Management
August	Physiotherapy and Parkinson's Disease management
September	Moving with Parkinson's: Harnessing Exercise & Therapies for Better Living
October	Optimizing Medication and Treatment for Better Quality of Life
November	Gratitude Therapy: A Pathway to Emotional Strength with Parkinson's Warriors and Caregivers
December	End-of-Year Gratitude Celebration



DIRECT IMPACT: EVENTS

PARKINSON'S DISEASE SYMPOSIUM

The annual Parkinson's Disease Symposium unites key stakeholders within the world of Parkinson's Disease across sectors such as awareness, rehabilitative care, medication, advocacy and management for a conversation on people-centered advancements in this field.

In 2024, the theme was "Educating, Engaging, and Empathizing: Building a Supportive Ecosystem for Parkinson's Awareness and Care" and it featured 10 panelists across diverse sectors.

In 2025, the theme was "Shaping the Future of Parkinson's Care in Nigeria and Africa: Innovations, Challenges, and Collaborations" and it featured two insightful panel sessions which addressed innovations in Parkinson's care, community empowerment, awareness efforts, and detailed answers to important questions.



attendees

2024

182

2025

194

WORLD PARKINSON'S AWARENESS DAY

In commemoration of World Parkinson's Day, which is April 11, ADPF hosts an annual Webinar to synthesize healthcare workers on the symptoms, diagnosis and management of Parkinson's Disease.

In 2024, it was themed "Navigating Parkinson's Disease Care in Africa".

In 2025, it was themed "Parkinson's Disease: Early Detection, Diagnosis, and Care Pathways".

In addition to the Webinar, ADPF also engages in Media rounds, visiting Radio and TV Stations to speak on the impact of Parkinson's Disease in Nigeria and why we continue to provide no-cost rehabilitative care to affected persons living in Nigeria. Through these media rounds, ADPF reached hundreds of listeners across the country.



attendees

2024

245

2025

233



INDIRECT IMPACT: AWARENESS EVENTS & CAMPAIGNS

'BEYOND THE TREMORS' - A documentary on the lives and experiences of 3 people living with Parkinson's Disease in Nigeria.

This 20-minute documentary shares the Parkinson's Disease stories of three members of ADPF – Baba Ezekiel Apalowo, Ms. Empress Omoijade and Mrs. Ifeanyi Deborah. It highlights how they lived before the diagnosis and the changes of their lives after.

The documentary is a capsule into the unique roles at play in providing holistic rehabilitative care and the work that we do at the Adewunmi Desalu Parkinson's Foundation. It is available to the public on our YouTube channel: bit.ly/ADPFDocumentary.



977
Views



DIRECT IMPACT: AWARENESS EVENTS & CAMPAIGNS

#MOVE4PD AWARENESS WALK

The annual #Move4PD awareness walk exists to serve a dual purpose: to raise awareness about Parkinson's and to instill hope among those affected by Parkinson's, acknowledging their courage and resilience. Hence the reason it is an approximately 2km walk which begins from the Adewunmi Desalu Parkinson's Foundation (ADPF) Centre.

In 2024, the event was held on June 29th, 2025, with the theme was 'Can't Stop: Won't Stop: Stepping up for Parkinson's Disease'. It was filled with excitement and dancing, even as it rained for the third time in a row. The walk ended at the Teslim Balogun Stadium and was promptly followed by several engaging activities such as a Tennis Championship and powerful presentations by persons living with Parkinson's.

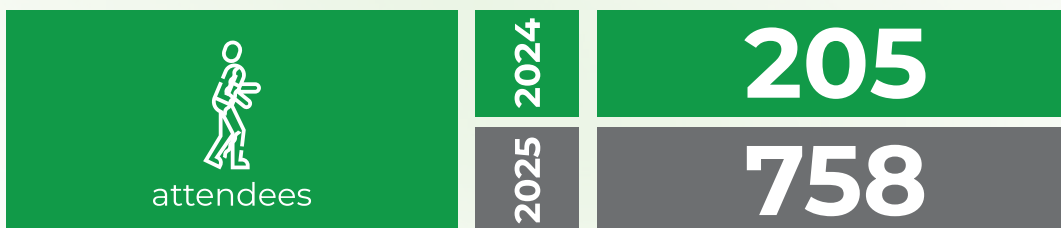
In 2025, the event was held on July 26th with the theme 'Stride with Strength' and the walk ended at The National Stadium, Surulere. The post-walk event was filled with fanfare and excitement, featuring activities such as a panel session featuring persons living with Parkinson's Disease, a Table Tennis competition, a raffle draw, and dancing.

WALKING FOOTBALL FOR PARKINSON'S DISEASE TOURNAMENT

Annually hosted in collaboration with Parkinson's Africa, the Tournament seeks to address and correct stigma and misconceptions connected to Parkinson's while promoting active lifestyles for people living with Parkinson's. It is annually hosted at the Eagle's Club, Surulere.

In 2024, the event was held on November 30th, featuring 18 participatory teams. It saw the attendance of Professor Akin Abayomi, Lagos State's Honorable Commissioner for Health, who represented Governor Babajide Sanwo-Olu. It also featured an exciting raffle draw.

In 2025, the event was held on November 8th, featuring 16 participatory teams which were mostly corporate organisations. It featured a raffle draw, and an inspiring choreographed performance of "This is Me" by Mrs. Omotola Thomas and other persons living with Parkinson's Disease who are members of the ADPF Community.





#MOVE4PD

2022



Let's Move **4** Parkinson's Disease

#move4parkinsonsdisease

Fundraising and Awareness Walk

SAT | JUNE 11 | 2022

Time: 9am prompt

Please visit
www.parkinsonsfrica.com/events to participate

Register

Registration required to participate.

For more information, please email
info@desaluparkinsonsfoundation.org





#MOVE4PD

2023

An awareness walk for
Parkinson's Disease

Theme: "Parkinson's Never Stops, So I won't"

9:00 A.M. SAT. 5 AUGUST 2023

2KM WALK

Take-off Point:
Adewunmi Desalu Parkinson's Center
3, Owukori Crescent, Alaka Estate, Surulere,
Lagos Nigeria.

Registration link:
<http://bit.ly/MOVE4PD>

For more enquiries:
+234 1 453 5909
Info@desaluparkinsonsfoundation.org
www.desaluparkinsonsfoundation.org





#MOVE4PD

2024



SCAN TO REGISTER

Life Walk

**Can't stop,
Won't stop:
Stepping up
for Parkinson's.**

#MOVE4PD A PARKINSON'S DISEASE AWARENESS WALK 2024 IN LAGOS, NIGERIA

EVENT DETAILS

DATE: SATURDAY, JUNE 29, 2024	ROUTE: ADEWUNMI DESALU PARKINSON'S FOUNDATION CENTER TO TESLIM BALOGUN STADIUM
TIME: 8:00 AM - 12:00 NOON	
ADDRESS: 3 OWUKORI CRESCENT, ALAKA ESTATE, SURULERE.	

DISTANCE: APPROXIMATELY 2KM

REGISTER TO ATTEND: bit.ly/Move4PDRegistration

For more information and inquiries
Socials: @adpforg
Email: info@desaluparkinsonsfoundation.org





#MOVE4PD

2025



Register to attend
#MOVE4PD
PARKINSON'S DISEASE AWARENESS WALK

STRIDE WITH STRENGTH

START POINT: THE ADPF CENTRE, 3 OWUKORI CRESCENT, ALAKA ESTATE, SURULERE, LAGOS.
END POINT: THE NATIONAL STADIUM, SURULERE, LAGOS.

WALK STARTS 9 AM

SATURDAY 26TH JULY, 2025

REGISTER HERE!

bit.ly/Move4PD2025



CONTACT DETAILS

Social Media: @adpforg
09067286117; 01-4935909
www.desaluparkinsonsfoundation.org

We are calling for Volunteers, please send an email to:
info@desaluparkinsonsfoundation.org





SYMPOSIUM

2023



1ST PARKINSON'S DISEASE SYMPOSIUM

TO COMMEMORATE
THE POSTHUMOUS 80TH BIRTHDAY OF
DR. ADEKUNLE DESALU



DATE
WED. 3RD MAY, 2023

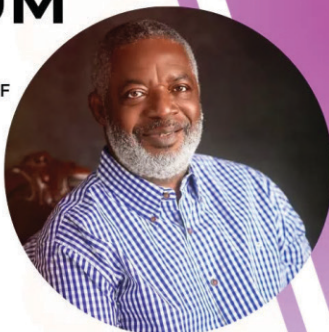


TIME
10:00 AM

VENUE

THE ADEKUNLE DESALU
PARKINSON'S CENTRE
3, Owukori Crescent, Alaka Estate,
Surulere, Lagos State

To RSVP, please send an email to:
info@adesaluparkinsonsfoundation.org



Dr. Adekunle Aderounmu Desalu
3 May 1943 - 29 Sept 2019

For more information and enquiries:
+234 1 453 5909
www.adesaluparkinsonsfoundation.org
@adpforg





SYMPOSIUM

2024



**ADEKUNMI DESALU
PARKINSON'S FOUNDATION**
Invites you to

THE 2ND ANNUAL PARKINSON'S DISEASE SYMPOSIUM

Theme:
Educating, Engaging, and Empathizing: Building a Supportive Ecosystem for Parkinson's Awareness and Care

PANELISTS

 Dr. (Mrs) Kemi Ogunyemi Special Adviser to the Lagos State Governor on Health	 Dr. Oladunni Abiodun Consultant Physician/Neurologist, Lagos State Health Service Commission (Isolo General Hospital)	 Dr. Paul Agabi Consultant Neurologist, LUTH	 Dr. Monica Hembem Eimunjeze Pharmacist, Wellness & Self-care Advocate, CEO, Deedoo Bio Plus Pharmicare	 Oluseyi B. Oyebisi Executive Director, NINCO	
 Adenike Oyetunde Lawal General Manager, Office for Disability Affairs, LAGOSKA	 Natasha Fothergill-Misbah Historical Researcher, Newcastle University	 Boroji Osindero Physiotherapist, Founder & CEO, Wellpath Physiotherapy and Wellness Ltd	 Mrs. Yinka Osuntogun Founder, Civil Clubs Nursing Agency	 Architect Anthony Chukwuka ADP Member	 John Akinola Senior Programs Manager, Adekunmi Desalu Parkinson's Foundation

REGISTER TO ATTEND: 10 A.M. FRIDAY 3RD MAY, 2024
bit.ly/ADPFAnnualSymposium





SYMPOSIUM

2025

 **ADEWUNMI DESALU PARKINSON'S FOUNDATION**
Presents

SHAPING THE FUTURE OF PARKINSON'S CARE IN NIGERIA & AFRICA: Innovations, Challenges, and Collaborations.

PANELISTS

 <p>Rhoda Robinson Executive Director, HACEY Health Nigeria</p>	 <p>Dr. Paul Agabi Consultant Neurologist, Lagos University Teaching Hospital (LUTH)</p>	 <p>Mrs Omotola Thomas Founder, Parkinson's Africa, United Kingdom</p>
 <p>Dr. Isaac Akinola Founder, Newton Therapy Consults. Neurophysiotherapist and Associate Lecturer, Department of Physiotherapy, College of Medicine, University of Lagos.</p>	 <p>Dr. Amy Traore-Shumbusho MD, Smile 360 Dental Clinic, Nigeria</p>	 <p>Professor Adekunle Mustapha Professor of Medicine/ Consultant Neurologist, Babcock University, Nigeria</p>

REGISTER TO ATTEND: **10:00AM** SATURDAY **3RD**
bit.ly/ADPF2025Symposium MAY, 2025

PARTNERS: 





THE WALKING FOOTBALL FOR PARKINSON'S DISEASE TOURNAMENT

2023

Game On!
THE WALKING FOOTBALL PARKINSON'S CUP
SAT. 24 JUNE, 2023 1 9AM

5-A-SIDE CHARITY TOURNAMENT FOR PARKINSON'S DISEASE AWARENESS

DO YOU THINK YOU CAN WIN? REGISTER NOW!
bit.ly/WFPDTournament

Individuals/ Male/ Female/ Mixed Teams/ Corporate Teams
Admission: Free but registration required.
Donations are appreciated.

HURRY! LIMITED SPACES AVAILABLE

Venue:
Eagle Club, 96, Adeniran Ogunsanya Street,
Opposite Shoprite, Surulere, Lagos.
For Enquiries: info@parkinsafrika.org;
info@desaluparkinsonfoundation.org

Sponsored By:

Organised By:

Umpire:

A TROPHY, MEDALS & OTHER PRIZES TO BE WON!





THE WALKING FOOTBALL FOR PARKINSON'S DISEASE TOURNAMENT

2024

PARKINSON'S AFRICA & ADEKUNLE DESALU PARKINSON'S FOUNDATION

Game on!
WALKING FOOTBALL & PARKINSON'S DISEASE TOURNAMENT 2024

REGISTRATION IS FREE!

For Enquiries:
info@parkinsonsafrica.org
info@desaluparkinsonsfoundation.org.

UMPIRE:
WAKA FOOTBALL ASSOCIATION NIGERIA

9:00 am
Saturday November 30th

SPONSOR:
Vitol Foundation

DONATIONS ARE WELCOME

Eagle Club, 96, Adeniran Ogunsanya Street, Opposite Shoprite, Surulere, Lagos



THE WALKING FOOTBALL FOR PARKINSON'S DISEASE TOURNAMENT

2025

PARKINSON'S AFRICA & ADEKUNLE DESALU PARKINSON'S FOUNDATION PRESENT

The 3rd Annual WALKING FOOTBALL PARKINSON'S DISEASE TOURNAMENT 2025

UMPIRE

SATURDAY 8th NOVEMBER 9:00 AM

Eagle Club
96 Adeniran Ogunsanya Street
Opposite Shoprite,
Surulere, Lagos

To register, click bit.ly/WFPD2025 or scan the QR code.

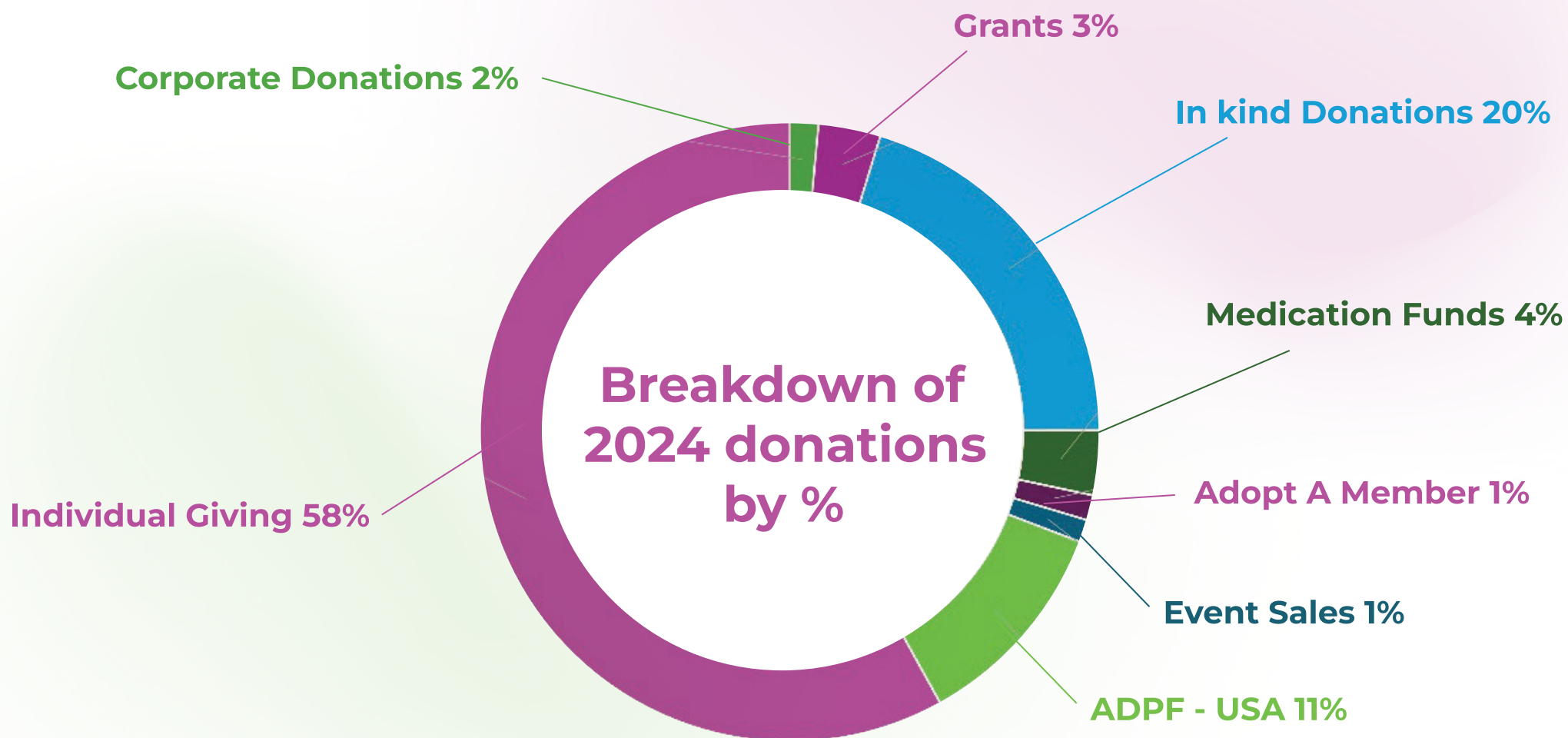
For Enquiries: info@parkinsonsfrica.org





Total 2024 Donations

₦72,586,481.51



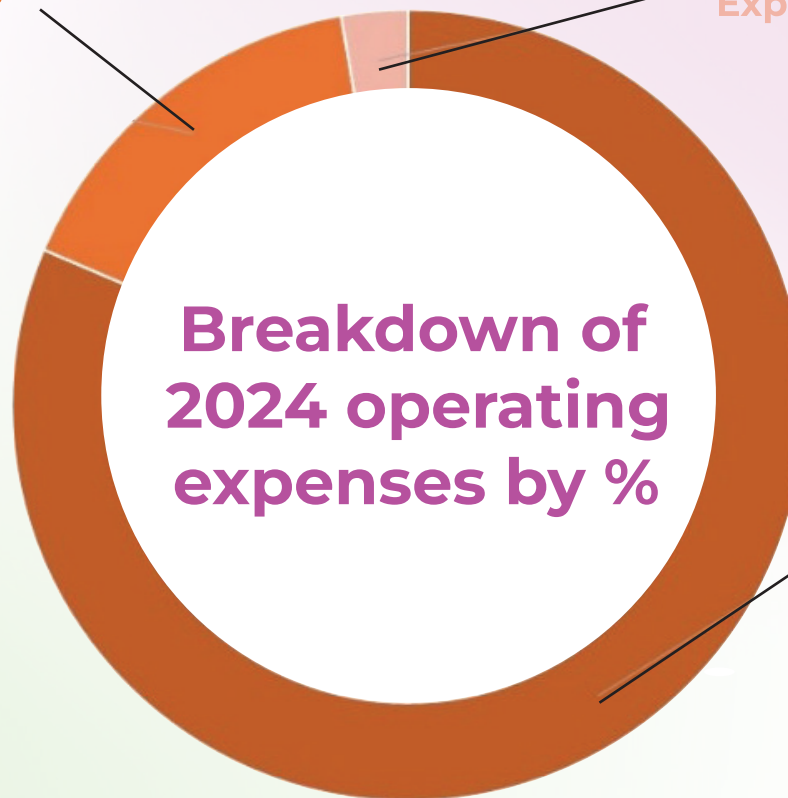


2024 Operational Expenses

₦100,263,620.16

Administrative and
Operational expenses 16%

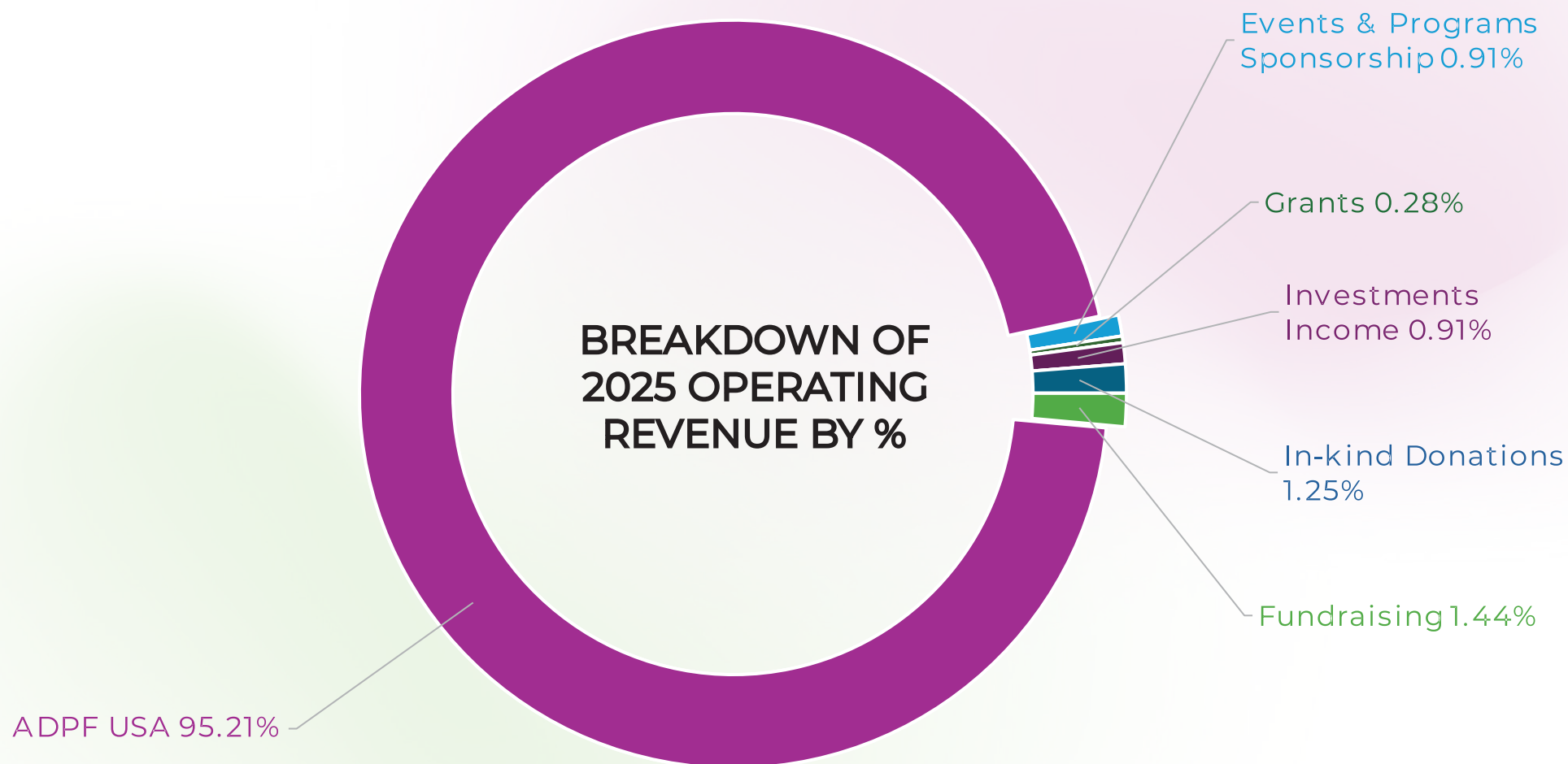
Fund raising
Expenses 3%



Programs and
activities 81%

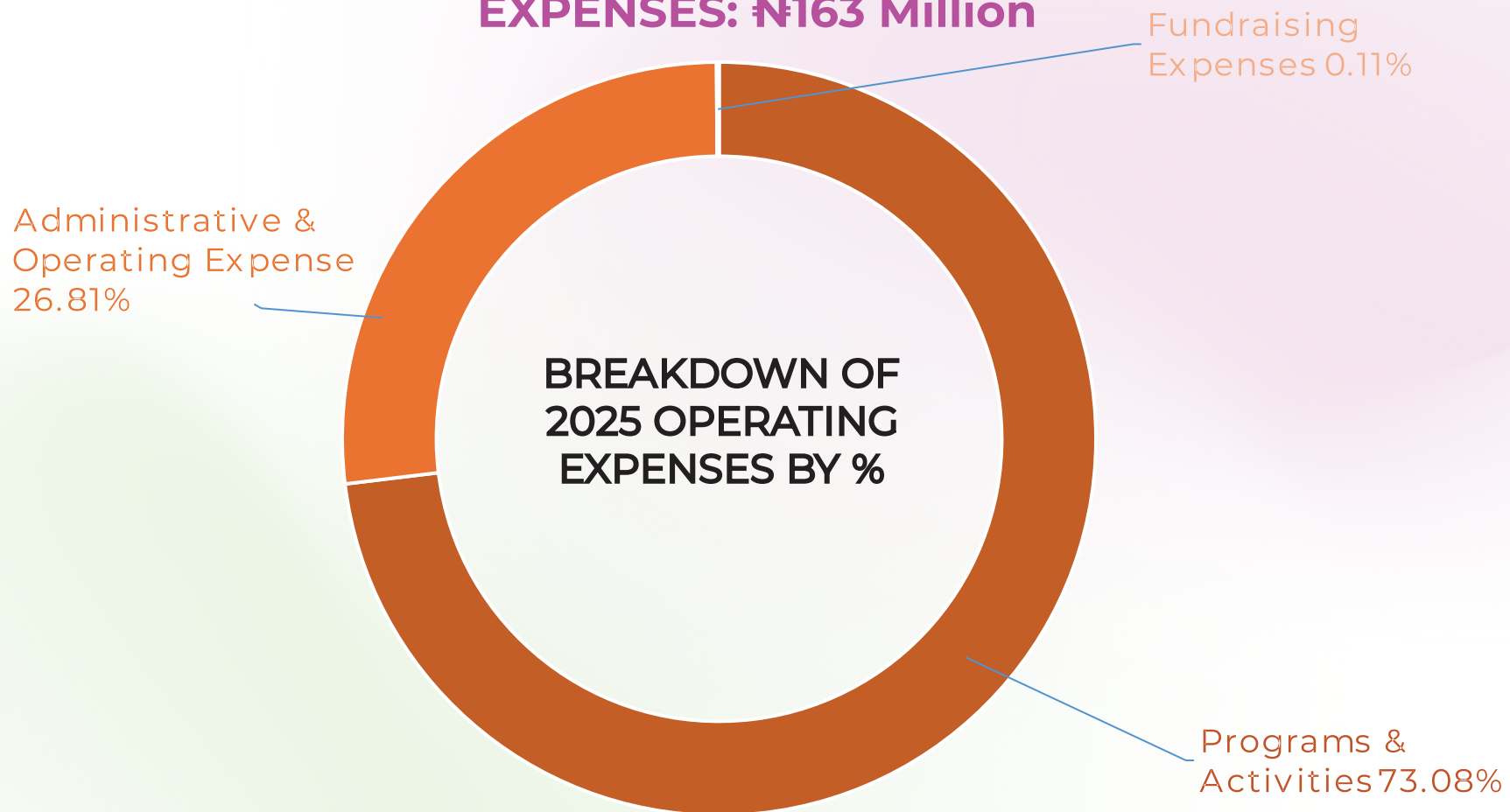


TOTAL 2025 REVENUE ₦1.36 Billion





TOTAL 2025 OPERATIONAL EXPENSES: ₦163 Million



HIGHLIGHTS FROM 2024



A member engaging in a table tennis match with one of the physical fitness coaches.



The Programs Team of Adewunmi Desalu Parkinson's Foundation, John Akinola and Tolulope Oyenuga were on Traffic Radio 96.1fm to teach about Parkinson's Disease and what the Foundation is doing. (April 2024)



A cross-section of attendees at the annual Parkinson's Disease symposium held by the Adewunmi Desalu Parkinson's Foundation. (May 2024).



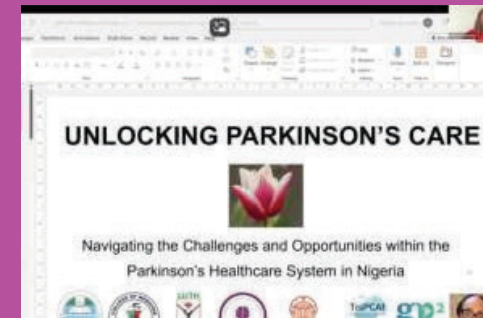
We signed a memorandum of Understanding (MOU) with the esteemed Nigerian Institute of Medical Research (NIMR). (January 2024).



Laura Ede, the Executive Director and Tolulope Oyenuga, the Programs Manager were on RadioNow to discuss Parkinson's Disease and A DPF's efforts to spread awareness and care for Parkinson's patients, their caregivers and families. (April 2024).



John Akinola, Senior Programs Manager, teaching the Warriors and Caregivers during our monthly Support group session. (April 2024).



Professor Njideka Okubadejo presenting her teaching at the Webinar held in celebration of World Parkinson's Disease day. (April 2024).



A cross-section of attendees at the annual Parkinson's Disease symposium held by the Adewunmi Desalu Parkinson's Foundation. (May 2024)

HIGHLIGHTS FROM 2025

IN COMMEMORATION OF WORLD PARKINSON'S DAY
THE ADEKUNLE DESALU PARKINSON'S FOUNDATION
 Cordially invites you to a Webinar on
Parkinson's Disease in Nigeria:
Early Detection, Diagnosis and Care Pathways

PROFESSOR YOMI OGUN
 (MBChB, MPH, FWACP, FACP, FRCPE, FRCO, FRCAN), PROFESSOR OF INTERNAL MEDICINE/NEUROLOGY, CONSULTANT PHYSICIAN/NEUROLOGIST, LAGOS STATE UNIVERSITY, NIGERIA.

TINCY JOSE
 NURSE, NATIONAL HEALTH SERVICE (NHS), UNITED KINGDOM, PERSON WITH YOUNG-ONSET PARKINSON'S DISEASE.

DR BAKARE AMINAT K
 (MBBS, MBA, FWACP), HEAD, NEUROLOGY DIVISION, FEDERAL MEDICAL CENTRE, ABEOKUTA; CEO, TANIMAR HEALTHCARE, NIGERIA.

REGISTER HERE:

FRIDAY, 11TH APRIL, 2025 | 3:00PM
<http://bit.ly/2025WorldPDDayWebinar>



DEPARTMENT OF MEDICINE
 FACULTY OF CLINICAL SCIENCES
 UNIVERSITY OF LAGOS

28th May, 2025.

The Adekunle Desalu Parkinson's Foundation (ADPF),
 3, Oluwalana Crescent,
 Alimosho, Lagos State, Lagos State.

Dear Sir,

APPRECIATION FOR YOUR GENEROUS DONATION

On behalf of The Movement Disorders Clinic, Neurology Unit, Department of Medicine, UoL, I would like to extend our sincere gratitude for your generous donation of 50 packs of Paracetamol 500mg tablets for Parkinson's Disease management. Your support is instrumental in helping us provide essential care to those in need.

Your commitment to improving health outcomes in our community is truly commendable. Thank you for your donation, we can continue our mission to offer vital medical services and ensure that our patients receive the best possible care.

We deeply appreciate your partnership and are grateful for your continued support. Thank you once again for your generosity.

Sincerely,

 Prof. Akinola Chelangat

THE NATION THURSDAY, MAY 8, 2025

Health

Experts urge urgent reforms to improve Parkinson's care

Medical experts have urged the government to take urgent action to improve the care of Parkinson's disease patients in Nigeria. The experts, who are members of the Parkinson's Disease Society of Nigeria (PDSN), said the current state of affairs is dire and that the government must take steps to ensure that patients receive the best possible care.

The experts said that the current state of affairs is dire and that the government must take steps to ensure that patients receive the best possible care. They said that the current state of affairs is dire and that the government must take steps to ensure that patients receive the best possible care.



OUR PROGRAMS: AWARENESS

FUTURE PROJECTS



Parkinson's Disease Radio Drama Series

A six-part radio drama series in English and translated into local languages, telling short, fictional stories about people living with Parkinson's disease. They would focus on their challenges and experiences, as well as those of their loved ones and communities.



A Parkinson's Anthology

series of fictional short stories written in English, focusing on various symptoms of Parkinson's Disease to be published initially on the website and ultimately published as a completed novel.



"Shakes and Freezes"

"Shakes and Freezes": An art exhibition displaying artwork created by people living with Parkinson's Disease. This is because art plays an effective role in holistic rehabilitative care.

ONGOING PROGRAMS



The '#AskAboutPD' Digital Resource Bank

A digital resource bank comprising of articles written in answer to frequently asked questions about Parkinson's Disease. This will be hosted on the Resources section of the Foundation's website and the Parkinson's in Nigeria newsletter found on social media.

The Resources section of the website is dedicated to offering up-to-date educational resources and information about Parkinson's disease, treatment options, best practices, support groups, innovations

OUR PROGRAMS: CARE

FUTURE PROJECTS



Research On Alternative Parkinson's Disease Treatments

This research explores alternative treatments for Parkinson's Disease that are indigenous to Nigeria in a bid to discover effective solutions and potentially find a cure. By integrating scientific research with indigenous knowledge, we intend to foster collaboration between medical professionals and traditional healers and enhance both understanding and treatment of the disease.



The Teletherapy and Telemedicine Program

This program aims to provide remote care services to Parkinson's Disease warriors using electronic communication and technology. We will offer rehabilitative therapies from our Centre to individuals facing distance or mobility challenges. We will also connect them with specialist care, overcoming manpower limitations in Nigeria. The Program will improve healthcare access, enhance medical records, improve coordinated care and reduce logistical expenses for Parkinson's Disease warriors.

ONGOING PROGRAMS



Medication Assistance Program

This program provides free medication to vulnerable and low-income individuals with Parkinson's disease. ADPF currently partners with trusted medication manufacturers and suppliers to provide this medication for our members. ADPF collects data on medication usage and expenses and educates program participants about the importance of adhering to their prescribed medication.



Parkinson's Disease Diagnosis Training for Healthcare Providers

This training offers essential information to diagnose Parkinson's Disease to healthcare providers who are not experts in Parkinson's disease. Thus, enabling them to identify symptoms and promptly refer those who present possible symptoms to Neurologists for proper diagnosis.

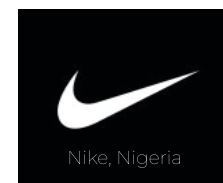


PARTNERS & COLLABORATIONS

We appreciate the organisations who have supported the Adekunmi Desalu Parkinson's Foundation whether in-kind, as donors or as partners, for the success of our revolving programs and our events.



LSSC



HALOGEN



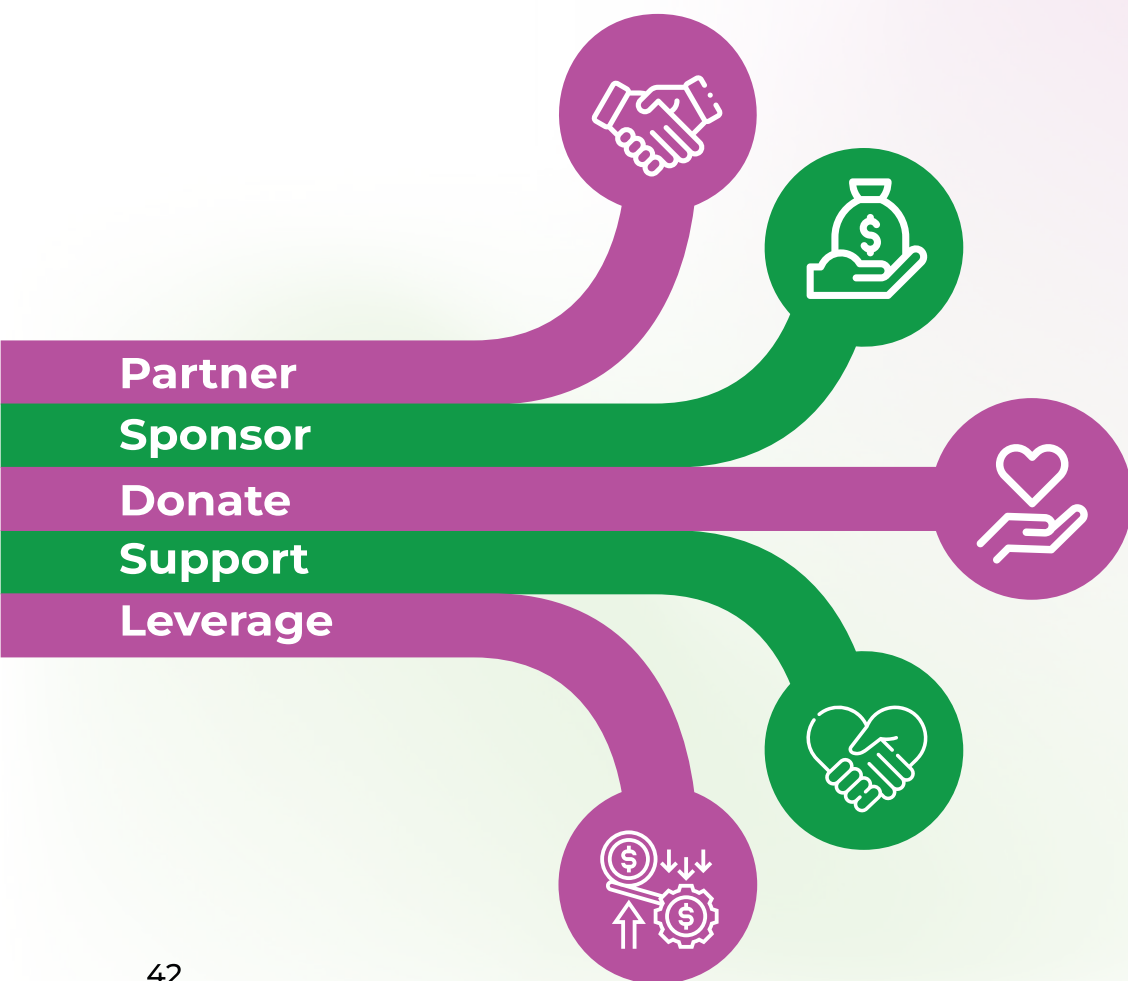
UNIVERSITY OF LEEDS





HOW CAN YOU SUPPORT?

Unlock the power of collaboration!



- Partner**
To fund awareness, education, and community campaigns with us.
- Sponsor**
Our Parkinson's programs, research, and care services for affected individuals.
- Donate**
Donations equip us to continue this work, whether it is in funding the revolving programs or helping us to host nationwide awareness campaigns.
- Support**
People living with Parkinson's by donating medication, technology, or technical services as in-kind resources.
- Leverage**
Organizational influence for Parkinson's awareness and advocacy championing.



CORPORATE GOVERNANCE

The corporate governance of Adewunmi Desalu Parkinson's Foundation is meticulously crafted for utmost transparency and effective oversight. ADPF is a legacy organisation, so our Patrons and Trustees provide invaluable guidance, while the Governing Board ensures compliance with ethical and legal standards.

The Advisory Board adds crucial, professional, and technical support, highlighting our commitment to excellence through collaborative oversight. In addition, our Advisory Board plays a crucial role, offering medical competencies, technical support, and professional expertise. This collaborative approach, blending regulatory oversight with specialized advice, underscores the Foundation's commitment to excellence. SIAO Partners, our external auditors, diligently review our financial practices, reinforcing accountability. Zuriel Law Practice, our Company Secretary, understands and ensures legal precision at every turn.

Our robust corporate governance framework is not merely a formality. It is the cornerstone of our commitment to integrity; and an environment where transparency, compliance, and accountability are integral, ensuring we meet the highest standards in our impactful mission.

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Senior Programs Manager

MS. TOLULOPE OYENUGA
Programs Manager

MR. KOMLA BEN AKPABLI
Accounts Manager

MS. EBOSEREMEN AILENOTOR
Communications Officer

MR. CHINEDU WILLIAMS
HR, Admin and Operations

MS. CHIDINMA EJOH
Executive Assistant

MR. JONATHAN KEFAS
Consultant Physiotherapist

MS. MOTUNRAYO TOMORI
Client Services Personnel

MR. OSCAR CHUKWUDOLUE
Program Officer II



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ADE OTULANA
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WITHOUT YOU, THERE IS NO ADPF. THANK YOU!

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With a Generous Donation of

₦70,000 — \$40 — £35

YOU WILL BE PROVIDING HOLISTIC REHABILITATIVE CARE
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You can use **ZELLE** to **770-946-6515** or
chairbot@desaluparkinsonsfoundation.org

www.desaluparkinsonsfoundation.org

*"I will hold your hand,
so you won't fall"*
- **Rasheda Ali**



ADEWUNMI DESALU PARKINSON'S FOUNDATION

If you are a person living with Parkinson's disease (PwP), a member of a patient's family, a caregiver, a friend of a PwP, an individual or corporate body wanting to support our work, please contact us at:



Adewunmi Desalu Parkinson's Centre
3, Owukori Crescent, Alaka Estate,
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